

# WEEK 1

## CONVERSATION GUIDE



### THIS SERIES

Life can often be a difficult journey. Sometimes it's difficult because of the choices we've made, but other times it's difficult because of circumstances beyond our control. In this 4-week series, you'll challenge students to look at their pain in a new way. By studying the book of Exodus and the stories of Moses and the Israelites, you'll help them see that God can turn their pain into progress by **growing them, preparing them, purifying them, and uniting them.**

### THIS WEEK

#### **THE BIG IDEA**

God can use pain to grow you.

#### **THE BIBLE**

Exodus 3:1-11, 4:11-12

- **What's one reason someone's life could become painful because of their own choices? What's about because of circumstances they can't control?**
- **How do you usually respond when life gets scary, painful, or difficult?**
- **Have there been moments in your life that were scary, painful, or difficult. What happened?**
- **What's one way God has used difficulty to help you grow?**
- **When life gets painful, how can we rest in God's presence?**
- **When life gets painful, what's one of God's promises we can remember?**
- **What's one way you think God might be trying to use your pain right now to help you grow?**



Leaders, keep in mind, if anything is said during your conversation that leads you to believe a teenager may be in a dangerous or abusive situation, you are required by law to inform our staff immediately.