



## THIS SERIES

Life can often be a difficult journey. Sometimes it's difficult because of the choices we've made, but other times it's difficult because of circumstances beyond our control. In this 4-week series, you'll challenge students to look at their pain in a new way. By studying the book of Exodus and the stories of Moses and the Israelites, you'll help them see that God can turn their pain into progress by **growing them, preparing them, purifying them,** and **uniting them.** 

## THIS WEEK

## THE BIG IDEA

God can use pain to prepare you.

## THE BIBLE

Exodus 13:17-18

- Can you think of any situations where the easiest solution to a problem isn't the best or wisest solution?
- What's one way life might change course and take you on a detour?
- Have you ever experienced a difficult situation that helped you become who you are today? What happened?
- How can difficult situations prepare us for the future?
- How can difficult situations help us learn to trust God?
- How can we be more grateful during difficult situations?
- What's one difficult situation you're walking through right now?
- What's one way you think God might be using your pain to prepare you?
- Leaders, keep in mind, if anything is said during your conversation that leads you to believe a teenager may be in a dangerous or abusive situation, you are required by law to inform our staff immediately.