

WEEK 2

CONVERSATION GUIDE

MAKE
 IT A
 HABIT

THIS SERIES

If you're an adult, the idea of spiritual habits is probably pretty familiar to you. Spiritual disciplines, quiet time, devotions — whatever you call it, you've probably established at least a few rhythms that help you grow spiritually. (Or, at least, you're working on it.) The teenagers in your ministry, on the other hand, might need a little help from you to figure out how, exactly, to grow spiritually. So in this 4-week series, **you'll help your students discover four habits that can help them grow spiritually.** The four habits we'll cover are **Spending Time with God, Spending Time with Others, Sharing Your Story, and Using Your Gifts.** By introducing these habits to your students now, you'll help set them up for a lifetime of spiritual growth.

THIS WEEK

THE BIG IDEA

The people around you can grow faith within you.

THE BIBLE

Hebrews 10:24-25

- **What's your favorite way to spend time with your friends?**
- **Talk about a friend, family member, or adult who has helped your faith grow.**
- **How can the people around us sometimes prevent our faith from growing?**
- **How can spending time with other Christians grow our faith?**
- **How can spending time with people who aren't Christians grow our faith?**
- **What's one thing our small group could start doing, or do differently, that would help your faith grow even more?**
- **When it comes to spending time with others, what's one habit you'd like to work on developing this month?**
- **What can we do to help each other develop those habits?**