



## THIS SERIES

Life can often be a difficult journey. Sometimes it's difficult because of the choices we've made, but other times it's difficult because of circumstances beyond our control. In this 4-week series, you'll challenge students to look at their pain in a new way. By studying the book of Exodus and the stories of Moses and the Israelites, you'll help them see that God can turn their pain into progress by **growing them, preparing them, purifying them,** and **uniting them.** 

## THIS WEEK

## THE BIG IDEA

God can use pain to purify you.

## THE BIBLE

Exodus 16:3-4; Deuteronomy 8:16

- What's one thing you've learned from the story of Moses, the Israelites, and the Exodus so far?
- What's one way our difficulties (like the Israelites') reveal who we truly are?
- Has a difficult experience ever tested your character? What happened?
- Has a difficult experience ever tested your faith? What happened?
- When is it most difficult for you to be thankful for what God has given you?
- When is it most difficult for you to trust God?
- When is it most difficult for you to obey God?
- What's one way you think God might be using your pain to purify you?
- Leaders, keep in mind, if anything is said during your conversation that leads you to believe a teenager may be in a dangerous or abusive situation, you are required by law to inform our staff immediately.