

WEEK 3

CONVERSATION GUIDE

MAKE
 IT A
 HABIT

THIS SERIES

If you're an adult, the idea of spiritual habits is probably pretty familiar to you. Spiritual disciplines, quiet time, devotions — whatever you call it, you've probably established at least a few rhythms that help you grow spiritually. (Or, at least, you're working on it.) The teenagers in your ministry, on the other hand, might need a little help from you to figure out how, exactly, to grow spiritually. So in this 4-week series, **you'll help your students discover four habits that can help them grow spiritually.** The four habits we'll cover are **Spending Time with God, Spending Time with Others, Sharing Your Story,** and **Using Your Gifts.** By introducing these habits to your students now, you'll help set them up for a lifetime of spiritual growth.

THIS WEEK

THE BIG IDEA

Sharing your story can grow your faith in God's story.

THE BIBLE

Mark 5:1-20

- **If you could be a character in any book or movie, who would you be and why?**
- **In one word, how would you describe your life story so far?**
- **Think about your past. What's one event from your past that has shaped you or your faith in a big way?**
- **Think about your present. What's one way you can see God working in you or around you right now?**
- **Think about your future. In the next year, what's one area of your life you want to see God transform?**
- **How can sharing our stories help us grow in our faith?**
- **What's one way you can "make it a habit" to share your story with others?**