

3 FACTS ABOUT THE TEENAGE BRAIN

with Mark Oestreicher

1 THE PREFRONTAL CORTEX

The part of the brain responsible for decisionmaking, wisdom, prioritization, impulse control, risk management, and empathy.

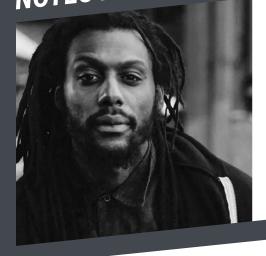
3 THE ANTERIOR CINGULATE

The part of the brain that acts as a buffer between the amygdala (the fear center) and the prefrontal cortex (the logic center).

2 NEURON PROLIFERATION AND WINNOWING

Just before the onset of puberty, there is a spike in the growth of neurons in the brain (proliferation). During puberty, many of those neurons are eliminated (winnowing).





WHAT EVERY TEENAGER NEEDS FROM THE LOCAL CHURCH

with Propaganda

1 QUESTION YOUR PRESUPPOSITIONS











HOW NOT TO PREACH TO TEENAGERS

with Karl Romeus

1 DON'T MAKE YOURSELF THE HERO OF THE STORY



2 DON'T FORGET ABOUT THE POWER OF AN EFFECTIVE VISUAL

5 START AND END YOUR PREPARATION WITH SCRIPTURE

3 DON'T OVER-USE COMEDY





THE ART OF CONVERSATION

with Yulee Lee

1 DIALOGUE REQUIRES LISTENING

3 DIALOGUE REQUIRES SUSPENDING

2 DIALOGUE REQUIRES RESPECTING

4 DIALOGUE REQUIRES VOICING





DISCIPLINING A TEENAGER

with Sandra Stanley

TO PARTNER WITH PARENTS . . .

1 FIND TRUSTED AND EXPERIENCED PARENTS

2 DON'T SURPRISE THEIR PARENTS

3 ASK QUESTIONS FIRST

4 LEAN ON YOUR SMALL GROUP LEADERS



TO DISCIPLINE A TEENAGER . . .

1 HAVE A CONVERSATION WITH YOUR BOSS

2 PUT PROTOCOLS IN PLACE IN ADVANCE

3 ASK MORE QUESTIONS

APOLOGIZE WHEN NECESSARY

5 DON'T TRY TO HANDLE IT ON YOUR OWN

