



3 FACTS ABOUT THE TEENAGE BRAIN

with Mark Oestreicher

1 THE PREFRONTAL CORTEX

The part of the brain responsible for decision-making, wisdom, prioritization, impulse control, risk management, and empathy.

3 THE ANTERIOR CINGULATE

The part of the brain that acts as a buffer between the amygdala (the fear center) and the prefrontal cortex (the logic center).

2 NEURON PROLIFERATION AND WINNOWING

Just before the onset of puberty, there is a spike in the growth of neurons in the brain (proliferation). During puberty, many of those neurons are eliminated (winnowing).

NOTES FROM #GROWCON18



WHAT **EVERY TEENAGER** **NEEDS** FROM THE LOCAL **CHURCH**

with Propaganda

1 QUESTION YOUR
PRESUPPOSITIONS

3 DON'T
FLINCH

2 MAJOR IN THE
MAJORS

4 EXPOSE THEM TO
NEW PERSPECTIVES



HOW NOT TO **PREACH** TO TEENAGERS

with Karl Romeus

1 DON'T MAKE
YOURSELF THE
HERO OF THE STORY

4 DON'T FAIL TO GET
READ FEEDBACK

2 DON'T FORGET
ABOUT THE POWER
OF AN EFFECTIVE VISUAL

5 START AND END
YOUR PREPARATION
WITH SCRIPTURE

3 DON'T OVER-USE
COMEDY

NOTES FROM #GROWCON18



THE ART OF CONVERSATION

with Yulee Lee

1 DIALOGUE REQUIRES
LISTENING

3 DIALOGUE REQUIRES
SUSPENDING

2 DIALOGUE REQUIRES
RESPECTING

4 DIALOGUE REQUIRES
VOICING



DISCIPLINING A TEENAGER

with Sandra Stanley

TO PARTNER WITH PARENTS . . .

- 1** FIND TRUSTED AND EXPERIENCED PARENTS
- 2** DON'T SURPRISE THEIR PARENTS
- 3** ASK QUESTIONS FIRST
- 4** LEAN ON YOUR SMALL GROUP LEADERS
- 5** TRAIN YOUR SMALL GROUP LEADERS

TO DISCIPLINE A TEENAGER . . .

- 1** HAVE A CONVERSATION WITH YOUR BOSS
- 2** PUT PROTOCOLS IN PLACE IN ADVANCE
- 3** ASK MORE QUESTIONS
- 4** APOLOGIZE WHEN NECESSARY
- 5** DON'T TRY TO HANDLE IT ON YOUR OWN