



THIS SFRIFS

In a culture obsessed with selfies, celebrities, money, and success, it's not difficult to understand why so many of us struggle with being a little self-centered at times. But while "me first" may the norm for the rest of the world, Jesus showed us what it looks like to live a generous, compassionate, selfless, "after you" kind of life. In this 4-week series, you'll challenge students to move away from the world's "me first" attitude and embrace the "after you" message of Jesus by **noticing needs, opening their hands, using their gifts,** and **sharing their joy.**

THIS WEEK

THE BIG IDEA

Living selflessly requires sharing your joy.

THE BIBLE

Philippians 4:11-13; Romans 15:13 Hebrews 13:8

- What's great about your circumstances right now?
- What's not so great about your circumstances right now?
- Do you know anyone who has experienced joy in the midst of difficult circumstances?
 Tell us about them. How did that person impact you through their example?
- When you're unhappy or exhausted, how do you find joy?
- Who is God to you? What did you write?
- Read Hebrews 13:8. How can this verse help us find joy?
- What has God done for you? What did you write?
- Who do you know who needs to experience joy?
- Do you think sharing your joy can help you find more joy? How?
- What's one way you're going to share your joy this week?