



# WEEK 1

## PRESCHOOL LESSON OUTLINE



### BIG IDEA

We can obey even when others don't.

### THE BIBLE

**Noah's Ark:** Genesis 6:5-22, 7:1-24, 8:1-22, 9:11-16

### THIS WEEK AT A GLANCE

## WELCOME TIME

- **ACTIVITY** | Animal Matching
- **ACTIVITY** | Animal Act

## TEACHING TIME

- **MUSIC** | Worship Time
- **THE BIG IDEA** | We can obey when others don't.
- **OBJECT LESSON** | A Rain Stick.
- **BIBLE STORY** | Genesis 6:1-22, 7:1-24, 8:1-22
- **ACTIVITY** | Pin the Animals in the Ark
- **PRAYER**

## DISCUSSION TIME

- **DISCUSSION** | Snack and Discussion
- **ACTIVITY** | Circle Time
- **ACTIVITY** | Make a Rain Stick
- **MEMORY VERSE** | Deuteronomy 6:5

## PLAY TIME

- **ACTIVITY** | Coloring Page of the Week
- **ACTIVITY** | Get in the Boat
- **ACTIVITY** | Noah's Ark Reenactment



# WEEK 1

## PRESCHOOL LESSON GUIDE



### BIG IDEA

We can obey even when others don't.

### THE BIBLE

**Noah's Ark:** Genesis 6:5-22, 7:1-24, 8:1-22, 9:11-16

## WELCOME TIME

### ACTIVITY | Animal Matching

- Welcome! We're starting a new series called Double Dog Dare, where we'll face dares and challenges that are going to challenge us to be brave!
- **Who knows what a dare is?** A dare is having the bravery to face a challenge or a task that might be hard. So, who is ready for their first dare?! I dare you to play a matching game! I need to warn you though, it might be hard! You need to be brave to accept this challenge!
- **INSTRUCTIONS:** *Before church, fill a large bin with any kind of breakfast cereal. Put four to six pairs of toy plastic animals in the cereal and mix it up. Choose two kids to play. Tell them to find as many matching pairs as they can. To make the game more challenging, you could blindfold the players or even add milk to the bin.*
- **Was that game harder than you thought it would be? How did you find all those matches?**
- We're going to hear an awesome story from the Bible today! We're going to hear about someone who obeyed God even when other people didn't. He even accepted a special assignment, or dare, from God. Our story even involves pairs of animals, just like our game!

### ACTIVITY | Animal Act

- Our Bible story today is about a lot of animals! We're going to pretend to be animals before we hear our amazing story! Who's ready for some stomping, hopping, flying fun?!
- **INSTRUCTIONS:** *Before church, print the Animal Movement Cards (in your Week 1 folder) onto cardstock and cut them apart. Have all the kids stand with a little space around them. Choose one kid to draw a card. Read the animal and the movement and show them how to act it out. Encourage*

each child to try to act out the animal. Continue to choose a different child to pick a new card until all cards have been acted out and every child has a turn.

- You guys did great at following the movements on the cards! We're going to read about some animals in a story from the Bible today! But first, let's worship!

## TEACHING TIME

### MUSIC | Worship Time

- **INSTRUCTIONS:** Spend some time singing with your preschoolers. You can sing any songs you'd like, but for this lesson we like, "If You Love Jesus, Moo Like a Cow" by The Freedom Kids and, "Rise and Shine (Arky, Arky)" by Cedarhurst Kids.

### THE BIG IDEA | We can obey God even when others don't.

- **INSTRUCTIONS:** Each week, do a big reveal (and make it fun) when you announce the Big Idea, like:
  - Ask the kids to give you a drum-roll by stomping their feet or patting their laps.
  - Shout the Big Idea, then point to the kids and have them shout it back. (Change it up by using funny voices, different volumes, or inflections.)
  - Have a character (either recurring or rotating) come out every week to reveal the Big Idea.
  - Write it on a piece of paper and hide it somewhere in the room. Have the kids go on a "hunt" for it. When it's found, ask someone to come up and read it.
- This week's Big Idea: **We can obey God, even when others don't.**

### OBJECT LESSON | A Rain Stick

- **INSTRUCTIONS:** Hold up a rain stick.
- **What does this instrument sound like?** Yes, rain!
- **Do you like it when it rains? Have you ever been in a big storm with lots of rain and thunder? Do you like the sounds of rain falling on the roof?**
- We're going to read about a great storm with lots and lots of rain. As you're listening to the story, imagine yourself in a big rain storm with this sound.

### BIBLE STORY | Genesis 6:1-22, 7:1-24, 8:1-22

- **INSTRUCTIONS:** Look up the story in your Bible and read it to your preschoolers.
- All the people in the world were disobeying God and doing things they shouldn't do, but not Noah. God saw something different in Noah and was proud of how Noah was living.
- **How was Noah living that was different from all the other people?** Noah was living in a way that made God happy. He was loving toward others and did what was right. The other people weren't obeying God by loving others and doing what was right. They were living in sin.
- **Why did Noah live like he did, loving others and doing the right thing?** Noah lived his life obeying God because he loved God.
- **Do you think it was hard for Noah to obey God when all the people around him didn't live like that?** Yes.
- **What was the dare, or challenge, Noah was given?** God told Noah to build a big boat called an ark.

- **Do you think Noah might have been a little nervous when God told him to build the ark?** Noah might have worried others would make fun of him, get mad at him, or think he was crazy, but Noah did what God wanted him to do even when others weren't doing what God wanted them to do. But Noah did what God wanted him to do, even when he was the only one following God.
- He built the boat, then loaded two of every kind of animal onto the boat. Then it started raining like crazy! What do you think it was like being in a boat with all those animals? The earth flooded in that rain storm, but Noah and his family and the animals were safe. God protected them because of Noah's obedience.
- We can follow God too! **Do you ever feel like it's hard to do the right thing and obey God when others aren't?**
- We can be brave like Noah and follow God too! God wants us to obey Him, and I dare you to obey Him when others don't!

### ACTIVITY | Pin the Animals in the Ark

- Let's play a fun game to help us remember part of our story today.
- **INSTRUCTIONS:** Before church, print the Pin the Animals in the Ark activity pages (in your Week 1 folder). To make the game more engaging, enlarge the ark and animals. Post the ark on an open wall. Have the kids line up and give each one an animal card with a piece of double-sided tape on the back. Blindfold the first child and direct them in the direction of the ark posted on the wall and tell them to try and put their animal on the ark. Continue until every child has had a turn. The child that gets their animal closest to the ark door wins.
- **Who told Noah to build the ark?** God did. Noah obeyed God and built a huge boat to keep his family and all the animals safe during the storm.

### PRAYER

- Let's spend time talking with God in prayer.
- Dear God, please help us be like Noah. Help us dare to be brave and to obey You no matter what. We love You so much! Amen.

## DISCUSSION TIME

### DISCUSSION | Snack and Discussion

- **INSTRUCTIONS:** Pass out a snack to all of your preschoolers and ask them to sit and listen while they eat. Your discussion will be more effective when they're busy sitting and snacking!
- **What did God ask Noah to do?** (Build a huge boat called an ark.)
- **Why did God choose Noah to build the ark?** (Noah was the only person who obeyed God, the only person living a life that made God happy.)
- **What happened after Noah built the boat?** (Noah and his wife, and Noah's sons and their wives got on the boat. Then God sent the animals to the boat.)
- **Once Noah and his family and the animals were safe on the boat, what happened?** (The rain fell for forty day and forty nights.)
- **How did Noah know it was safe to leave the boat?** (Noah sent out a raven and then a dove and when the dove didn't come back, Noah knew the land was dry.)

**ACTIVITY | Circle Time**

- **INSTRUCTIONS:** *Have the kids join you in a circle on the floor. Bring the rain stick you used during the Bible story to Circle Time. As you ask the questions below, pass the rain stick to the child answering.*
  - **What does it mean to obey God?**
  - **Is it hard to obey God when others don't?**
  - **Can you obey when other people don't?**
  - **What are some things God wants us to do?**
  - **What are some things God doesn't want us to do?**
  - **What can you do when your friends aren't obeying?**

**ACTIVITY | Make a Rain Stick**

- Today we heard about a huge storm with lots and lots of rain. We're going to make our own rain sticks to remind us of all the rain and how Noah was faithful to obey God even when others didn't.
- **INSTRUCTIONS:** *Have kids decorate the outside of their paper towel roll with markers or paint. Cover one end of the tube with clear packing tape or duct tape. Wrap two pipe cleaners around a pencil or marker to give it a spiral shape and place them inside the tube. You could also put a piece of scrunched up aluminum foil into the tube. Then add about a ¼ cup of uncooked rice or beans (or a mixture of both) to the tube. Cover the open end of the tube with more packing tape or duct tape. Let the kids turn their sticks to make it rain!*
- **How did Noah handle the challenge God gave him?** He was brave and did as God told him.
- **Can you be brave and obey like Noah?** Yes, you can!
- Take your rain stick home to help you remember that you can obey God even when others aren't.

**MEMORY VERSE | Deuteronomy 6:5**

- **INSTRUCTIONS:** *Check out the Memory Verse Guide in your Programming Folder for ideas on how to help your preschoolers memorize Bible verses. Here are the hand motions for this month's memory verse . . .*

**LOVE THE LORD YOUR GOD** *(hands over heart, then point up)*  
**WITH ALL YOUR HEART** *(pump hands over heart)*  
**AND ALL YOUR SOUL** *(bring arms down in front of you)*  
**AND ALL YOUR MIND** *(point to your head)*  
**AND ALL YOUR STRENGTH** *(flex your muscles).*

**PLAY TIME**

*While you're waiting for parents to pick up their kids...*

**ACTIVITY | Coloring Page of the Week**

- INSTRUCTIONS:** *Give every kid a Coloring Page, plus markers or crayons. As they color, remind them about Noah obeying God when he built the ark.*

**ACTIVITY | Get in the Boat**

**INSTRUCTIONS:** Designate one area of your room (or a rug) to be the boat. Tell the kids to run around the room while you play music. When the music stops, shout "It's raining! Get on the boat!" They have to run to the boat as fast as they can. For older kids, you can make it a competition and the last one to the boat is out.

**ACTIVITY | Noah's Ark Reenactment**

**INSTRUCTIONS:** Give the kids a Noah's Ark [play set](#). Help them retell Noah's story. Depending on the age of your children, give as much or as little assistance as needed.

*Encourage your preschoolers to help clean up the room while they wait for their parents.*