



WEEK 4

PRESCHOOL LESSON OUTLINE



BIG IDEA

We can obey God by turning away from sin.

THE BIBLE

God Saves Lot: Genesis 18:16-21, 19:1-3, 19:14-26

THIS WEEK AT A GLANCE

WELCOME TIME

- **ACTIVITY** | Balloon Tennis
- **ACTIVITY** | Making Slime

TEACHING TIME

- **MUSIC** | Worship Time
- **THE BIG IDEA** | We can obey God by turning away from sin.
- **BIBLE STORY** | Genesis 18:16-21, 19:1-3, 19:14-26
- **ACTIVITY** | Turning From Sin
- **PRAYER**

DISCUSSION TIME

- **DISCUSSION** | Snack and Discussion
- **ACTIVITY** | Circle Time
- **ACTIVITY** | Salty Pictures
- **MEMORY VERSE** | Deuteronomy 6:5

PLAY TIME

- **ACTIVITY** | Coloring Page of the Week
- **ACTIVITY** | Obey What I Say
- **ACTIVITY** | Messy Play



WEEK 4

PRESCHOOL LESSON GUIDE



BIG IDEA

We can obey God by turning away from sin.

THE BIBLE

God Saves Lot: Genesis 18:16-21, 19:1-3, 19:14-26

WELCOME TIME

ACTIVITY | Balloon Tennis

- Welcome! It's our last week in our series Double Dog Dare! Today I have another dare for you. **Who's ready to see if they're up to it?!**
- **INSTRUCTIONS:** *Divide the kids into two teams. Provide each kid with a fly swatter or a homemade version (tape a paper plate to the end of a large craft stick). Tape a line down the middle of the playing area. The goal of the game is to keep the balloon off the ground and hit it to the other team's side of the line. If the other team lets the balloon hit the floor, your team gets a point. To make it more challenging, add more than one balloon.*
- Way to go! That was so much fun! You guys have gotten really good at facing all these challenges this month.

ACTIVITY | Making Slime

- Today we are talking about something messy! So, let's have some fun together by making our own mess.
- **INSTRUCTIONS:** *Make some sample slime for kids to see when they arrive. Cover a table with a plastic table cloth for easy clean up. Fill a few cups with water, adding a different food coloring to each. Give each kid a bowl and pour a small amount of cornstarch into their bowl. Pour a small amount of colored water of their choice into their bowl. Have kids use a craft stick or spoon to stir the mixture. Continue adding small amounts of water until slime forms. If their mixture is too watery, mix in additional cornstarch in small amounts until they can form a ball with the mixture. If the mixture is too thick, mix in additional water in small amounts until the mixture is runny when picked up. Let them play with their slime, then keep it by transferring it to a zip top bag to take home. Have kids*

wash their hands after making slime.

- Woah! That was so much fun to get our hands all dirty and messy, but it sure was nice to be able to clean it off when we were ready. Today, we're going to read a story from the Bible that will show us just how messy life can get if we let sin control us.

TEACHING TIME

MUSIC | Worship Time

- **INSTRUCTIONS:** Spend some time singing with your preschoolers. You can sing any songs you'd like, but for this lesson we like, "Get Up and Dance" by Hillsong Kids and, "Obey" by Yancy.

THE BIG IDEA | We can obey God by turning away from sin.

- **INSTRUCTIONS:** Each week, do a big reveal (and make it fun) when you announce the Big Idea, like:
 - Ask the kids to give you a drum-roll by stomping their feet or patting their laps.
 - Shout the Big Idea, then point to the kids and have them shout it back. (Change it up by using funny voices, different volumes, or inflections.)
 - Have a character (either recurring or rotating) come out every week to reveal the Big Idea.
 - Write it on a piece of paper and hide it somewhere in the room. Have the kids go on a "hunt" for it. When it's found, ask someone to come up and read it.
- This week's Big Idea: **We can obey God by turning away from sin.**

BIBLE STORY | Genesis 18:16-21, 19:1-3, 19:14-26

- **INSTRUCTIONS:** Look up the story in your Bible and read it to your preschoolers. **NOTE: Pay attention to the references included, because not all parts of this Bible story are age appropriate.**
- Lot and his family were living in the city of Sodom and Gomorrah. All the people that lived in this city were full of sin and disobeyed God.
- **Did Lot live in sin?** No! He and his family followed God. The people of the city became so bad that God decided to destroy the city. God sent angels to warn Lot and his family and to tell them to escape before God destroyed it.
- God showed Lot and his family mercy by saving them from being destroyed with the rest of the city. **Do you know what the word mercy means?** Mercy means showing compassion and forgiveness instead of punishment.
- **Did God show Lot mercy?** Yes!
- **How does God show us mercy?** God showed us mercy when He sent Jesus to save us from our sins. God did that because He loves us so much!
- Lot and his family ran from the sinful city. When we are faced with sin, we can do the right thing. We can choose to follow God and run from sin because we love God so much and want to live for Him.

ACTIVITY | Turn From Sin

- Today's Big Idea says we can obey God by turning away from sin. **What is sin?** Sin is not good. It's anything we do that God doesn't want us to do. Sin separates us from God. Let's play a game to help us remember that we can turn away from sin.

- **INSTRUCTIONS:** Before the service, write "SIN" on two papers and "GOD" on two papers. Station two people on either side of the room with each holding a set of papers that say SIN and GOD. Show the kids one sign that says SIN on it and one sign that says GOD on it. Tell them they will walk toward that side of the room when they see the GOD sign being held up, but when the SIN sign is held up, they have to turn around and walk the other direction, toward the other side of the room. Tell the people with the signs to take turns holding up the GOD sign until the kids get close, then they can switch to the SIN sign.
- Lot and his family had to leave the city where they lived because it was full of sin. God didn't want them to sin, so they left the city and He rescued them from it when He destroyed it. We don't have to disobey God. Instead of sinning, we can run from the sin. I dare you to obey God by choosing to follow what God tells you to do!

PRAYER

- Let's spend time talking with God in prayer.
- Dear God, thank You for showing us such great mercy by sending Jesus to save us from our sins. Help us obey You and turn away from sin. Amen.

DISCUSSION TIME

DISCUSSION | Snack and Discussion

- **INSTRUCTIONS:** Pass out a snack to all of your preschoolers and ask them to sit and listen while they eat. Your discussion will be more effective when they're busy sitting and snacking!
- **Where did Lot and his family live?** (Sodom and Gomorrah.)
- **Why did God destroy the cities?** (The people that lived there were full of sin and did not obey God.)
- **Who did God send to help Lot and his family escape?** (An angel told them to leave and not look back.)
- **What happened when Lot's wife looked back?** (She turned into a pillar of salt.)

ACTIVITY | Circle Time

- **INSTRUCTIONS:** Have the kids join you in a circle. Give them all a piece of paper and a crayon or marker. Tell them to write or draw one sin on the paper. Put a trash can or a basket in the middle of the circle. Let the kids take turns tossing their sins in the trash can. When they make it in the basket, they can answer a question.
- **What is sin?**
- **What is an example of a sin?**
- **How does sin hurt us and others?**
- **How can you turn from sin?**
- **How can God help you?**

ACTIVITY | Salty Pictures

- **INSTRUCTIONS:** Print the Salty Pictures activity page (in your Week 4 folder) onto colored cardstock. Give the kids liquid glue, and have them cover their OBEY letters with glue, then help them sprinkle salt over it.

- **Who turned into salt in the story today?** Lot's wife! She didn't obey God! She looked back, when God said not to look back.
- God loves us so much and He wants us to turn from sin and follow Him. He wants us to obey Him and share His love with others. We must turn from our sin, not look back, and follow God!
- Take your picture home to remind you of our Bible story today.

MEMORY VERSE | Deuteronomy 6:5

- **INSTRUCTIONS:** Check out the Memory Verse Guide in your Programming Folder for ideas on how to help your preschoolers memorize Bible verses. Here are the hand motions for this month's memory verse . . .

LOVE THE LORD YOUR GOD (hands over heart, then point up)
WITH ALL YOUR HEART (pump hands over heart)
AND ALL YOUR SOUL (bring arms down in front of you)
AND ALL YOUR MIND (point to your head)
AND ALL YOUR STRENGTH (flex your muscles).

PLAY TIME

While you're waiting for parents to pick up their kids...

ACTIVITY | Coloring Page of the Week

- **INSTRUCTIONS:** Give every kid a Coloring Page, plus markers or crayons. As they color, remind them that Lot obeyed God and left Sodom and Gomorrah.

ACTIVITY | Obey What I Say

- This month we've learned about how we can obey God. Obeying is doing what you're supposed to do, like when your parents tell you to pick up your toys. When you pick up your toys, you're obeying. We're going to play a game and practice obeying.
- **INSTRUCTIONS:** For this game, tell the kids actions or silly things to do. Examples: run in place, hop on one foot, do the twist, touch your nose, jump up and down, freeze. You can also tell them things like clean up the room, put their shoes on their hands, jump like a frog, etc.

ACTIVITY | Messy Play

- **INSTRUCTIONS:** Put a tarp or plastic tablecloth cover on your table. Squirt a little shaving cream on the table for each child. You can use food coloring to make it colorful. As the kids play, remind them that sin is messy, but we can choose to turn from sin. You could use moon sand instead of shaving cream.

Encourage your preschoolers to help clean up the room while they wait for their parents.