



# WEEK 4

## PRESCHOOL LESSON OUTLINE

# TRUE STORY

### **BIG IDEA**

Jesus helps us share His story.

### **THE BIBLE**

**Paul and Barnabas' Missionary Travels:**  
Acts 13:1-5; 38-39; 14:21-28

### THIS WEEK AT A GLANCE

## **WELCOME TIME**

- **ACTIVITY** | World Adventure Obstacle Course
- **ACTIVITY** | Indoor Scavenger Hunt

## **TEACHING TIME**

- **MUSIC** | Worship Time
- **THE BIG IDEA** | Jesus helps us share His story
- **BIBLE STORY** | Acts 13:1-5;39-39; 14:21-28
- **ACTIVITY** | Simon Says
- **PRAYER**

## **DISCUSSION TIME**

- **DISCUSSION** | Snack and Discussion
- **ACTIVITY** | Circle Time
- **ACTIVITY** | Coffee Filter Globes
- **TALK** | Recap of the Month
- **MEMORY VERSE** | Palm Psalm 119:105

## **PLAY TIME**

- **ACTIVITY** | Coloring Page of the Week
- **ACTIVITY** | Caterpillar Tag
- **ACTIVITY** | LEGO Outdoor Adventures



# WEEK 4

## PRESCHOOL LESSON GUIDE

# TRUE STORY

### BIG IDEA

Jesus helps us share His story.

### THE BIBLE

**Paul and Barnabas' Missionary Travels:**  
Acts 13:1-5; 38-39; 14:21-28

## WELCOME TIME

### ACTIVITY | World Adventure Obstacle Course

- Welcome to the last week of our True Story series! It's been so much fun adventuring through the true stories of the Bible with you guys!
- Let's go through different obstacle course stations around the room, pretending to be on an adventure around the world!
- **INSTRUCTIONS:** Set up the room in four sections with obstacle courses. Lead the kids through the sections.
- You can use these obstacle sections...
  - **WATER:** They will pretend to swim through two lines of pool noodles.
  - **MOUNTAIN:** They will climb over some chairs like they are climbing a mountain.
  - **JUNGLE:** They will crawl on the ground like they are in a jungle.
  - **DESERT:** They will hop from hula hoop to hula hoop as if they are trying to avoid hot sand in the desert.
- We're going to learn about some people in the Bible who traveled all around to different places on an adventure for Jesus.

### ACTIVITY | Indoor Scavenger Hunt

- **Who's ready for an adventure?** Let's go on a scavenger hunt all together and explore together! There are pictures hidden around the room of things you might find on an amazing, outdoor adventure. Let's work together and search our room to find them.

- **INSTRUCTIONS:** Print one set of the Indoor Scavenger Hunt printable onto cardstock, and print one Indoor Scavenger Hunt activity page per child. Hide the Indoor Scavenger Hunt images around the room. Give each child an activity page and marker. Work together to find all the images and mark them off the kids' activity pages.
- You guys did awesome! That was so much fun helping each other! That reminds me of our true Bible story today.

## TEACHING TIME

### MUSIC | Worship Time

- **INSTRUCTIONS:** Spend some time singing with your preschoolers. You can sing any songs you'd like, but for this lesson, we like "Big and Bold" by Crossings Kids Worship and "Go!" by Yancy.

### THE BIG IDEA | Jesus helps us share His story.

- **INSTRUCTIONS:** Each week, do a big reveal (and make it fun) when you announce the Big Idea, like:
  - Ask the kids to give you a drumroll by stomping their feet or patting their laps.
  - Shout the Big Idea, then point to the kids and have them shout it back (Change it up by using funny voices, different volumes, or inflections).
  - Have a character (either recurring or rotating) come out every week to reveal the Big Idea.
  - Write it on a piece of paper and hide it somewhere in the room. Have the kids go on a "hunt" for it. When it's found, read it to the kids.
- This week's Big Idea: **Jesus helps us share His story.**

### BIBLE STORY | Acts 13:1-5;39-39; 14:21-28

- **Have you ever been somewhere far away and different? What was it like? Do you like going to new places?** There are so many places in our great big world, and so many people who need to know about Jesus! Let's hear a story from the Bible about some people who traveled all around sharing the Good News about Jesus.
- **INSTRUCTIONS:** Look up the story in your Bible and read it to your preschoolers.
- **Who did the Holy Spirit set apart to do special work?** Paul and Barnabas.
- The Holy Spirit told the church to send Paul and Barnabas out to share God's story, and that is what the people in the church did. They prayed for them and sent them out. Paul and Barnabas traveled from city to city, teaching and sharing the Good News of Jesus.
- **Do you think everyone who heard Paul and Barnabas believed and followed Jesus?** Some people did and some did not. Some people were not happy that they were teaching about Jesus, and some trusted Jesus and their lives were changed!
- Paul and Barnabas also helped churches in many of the places they traveled to.
- **Do you think it was easy for Paul and Barnabas to go and share about Jesus?** They might have been nervous and a little scared, but they went. They obeyed and did what the Holy Spirit told them to do. They knew God would help them share His story.
- Just like Paul and Barnabas, God will help us when we share His story.
- We may not all travel around the world, but we can all share the story of Jesus wherever we go!

### ACTIVITY | Simon Says

- In our true Bible story, Paul and Barnabas obeyed the Holy Spirit. They went out and told people about God's story. Let's see if you can listen and obey my directions.
- **INSTRUCTIONS:** *Play Simon Says with the kids, but make the commands nice things they can do for others. Here are some command ideas: Give someone a hug, give a friend a high five, tell a neighbor, "Jesus loves you," smile at someone, march in place like you're going out on a mission for God, wave to someone.*
- One way we can help people know about God is to be kind to them. God has called us to tell others about Jesus, just like the Holy Spirit told Paul and Barnabas. God helps us when we share His story. So we can do it!

### PRAYER

- Let's spend time talking with God in prayer.
- Dear God, thank you for the gift of Jesus. Help us to be brave and bold in sharing Jesus with others. We love you. Amen.

## DISCUSSION TIME

### DISCUSSION | Snack and Discussion

- **INSTRUCTIONS:** *Pass out a snack to all of your preschoolers and ask them to sit and listen while they eat. Your discussion will be more effective when they're busy sitting and snacking!*
- **Who said Paul and Barnabas were set apart?** *(The Holy Spirit.)*
- **What did the Holy Spirit set Paul and Barnabas apart to do?** *(To go out and share God's story.)*
- **What true story were they telling the people in each city?** *(They could be forgiven if they believed in Jesus.)*
- **Did people come to know and believe in Jesus through Paul and Barnabas sharing God's true story?** *(Yes!)*
- **Will God help you when you share His story with others?** *(Yes, He will! God will be with you as you tell others about Jesus.)*

### ACTIVITY | Circle Time

- **INSTRUCTIONS:** *Have the kids make a circle on the floor. Get a globe or an inflatable globe that the kids can touch. During circle time, share some facts about our world with the kids to help them understand that our world is so big and there are so many people who need to know about Jesus. Finish up circle time with a prayer for those around the world who haven't heard about Jesus.*
- Look as I show you the North Pole and the South Pole. If you start at the North Pole and go all the way to the South Pole and back up again, you would travel 24,860 miles. That's a very long way!
- Look at the seven continents. There are 195 countries in the world.
- There are more than 7.5 billion people living on earth. That's more than most of us can count up to!
- There are more than 6,500 different languages spoken in our world. **Can you name any languages?**
- **What do you know about other parts of the world?**

- Can you name any other countries?
- Have you ever been to another country?

### ACTIVITY | Coffee Filter Globes

- **INSTRUCTIONS:** Give each child a paper towel, a coffee filter, and a blue and green marker. Have the kids color their coffee filter with the markers to look like the earth. Once they are finished coloring, use a spray bottle to spray water on the filter until the colors begin to bleed.
- Today, we made a picture that looks like the earth to take home to remind us of our true Bible story about Paul and Barnabas and how they shared the Good News about Jesus.

### TALK | RECAP OF THE MONTH

- We've had four weeks of talking about the adventures of the first Christians and missionaries as they shared the good news about Jesus! Here's what we learned this month:
  - When we heard the story of Saul's encounter with Jesus on the road to Damascus, we learned **Jesus changes lives.**
  - When we heard the story of Peter going to Cornelius's house, we learned **Jesus loves everyone.**
  - When we heard the story of Peter being set free from prison, we learned **Jesus gives us freedom.**
  - And today, when we heard the story of Paul and Barnabas's missionary journeys, we learned **Jesus helps us share His story.**

### MEMORY VERSE | Psalm 119:105

- **INSTRUCTIONS:** Check out the Memory Verse Guide in your Programming Folder for ideas on how to help your preschoolers memorize Bible verses. Here are the hand motions for this month's memory verse...

**YOUR WORD** (hold hands like an open book)

**IS A LAMP** (hands burst over head with twinkle fingers)

**TO MY FEET** (point to feet)

**AND A LIGHT** (hands burst over head with twinkle fingers)

**TO MY PATH** (hold arms to the side then lift them front of you, highlighting the path).

## PLAY TIME

While you're waiting for parents to pick up their kids...

### ACTIVITY | Coloring Page of the Week

- **INSTRUCTIONS:** Give every kid a Coloring Page, plus markers or crayons. As they color, remind them God helped Paul and Barnabas share His story and God will help us, too!