



WEEK 1

PRESCHOOL LESSON OUTLINE



BIG IDEA

We can trust God with our families.

THE BIBLE

Abraham and Sarah Have a Baby:
Genesis 17:15-19; 18:1-15; 21:1-7

THIS WEEK AT A GLANCE

WELCOME TIME

- **ACTIVITY** | Animal Matching
- **ACTIVITY** | Animal Act

TEACHING TIME

- **MUSIC** | Worship Time
- **THE BIG IDEA** | We can obey when others don't.
- **OBJECT LESSON** | A Rain Stick.
- **BIBLE STORY** | Genesis 6:1-22, 7:1-24, 8:1-22
- **ACTIVITY** | Pin the Animals in the Ark
- **PRAYER**

DISCUSSION TIME

- **DISCUSSION** | Snack and Discussion
- **ACTIVITY** | Circle Time
- **ACTIVITY** | Make a Rain Stick
- **MEMORY VERSE** | Deuteronomy 6:5

PLAY TIME

- **ACTIVITY** | Coloring Page of the Week
- **ACTIVITY** | Get in the Boat
- **ACTIVITY** | Noah's Ark Reenactment



WEEK 1

PRESCHOOL LESSON GUIDE



BIG IDEA

We can trust God with our families.

THE BIBLE

Abraham and Sarah Have a Baby:

Genesis 17:15-19; 18:1-15; 21:1-7

WELCOME TIME

WHAT? What are we talking about today?

ACTIVITY | We Are Family Tag

- Welcome! We're starting a new series called We Are Family, where we'll talk about how God helps our families and learn about families in the Bible.
- **INSTRUCTIONS:** *Before the service, cut some pool noodles in half using a serrated knife. Give each kid a half of a pool noodle. Choose one person to be "it." The person who is "It" will try to tag someone else using the noodle. When they tag someone, the kid who was tagged will join the "family" by grabbing onto "It's" pool noodle. They will then move together to tag someone else. Every kid who is tagged will grab on and join their family until everyone has been tagged. If you don't feel comfortable using the pool noodles to tag kids, don't worry! You can play the game without the noodle and "It" will just simply tag with their hands.*
- That was a fun game! Sometimes being in a family is a lot of fun, and sometimes it can be challenging. We're going to learn today how a family trusted God.

ACTIVITY | My Family Mats

Everyone's family is different, and every family in the Bible was different. Let's share a little bit about our own families.

INSTRUCTIONS: *Print the My Family Mats (in your Week 1 folder) onto cardstock and laminate them. Set out different colors of dry erase markers. Let the kids draw their families on the mats. As they're working, ask them to share about their families. Remind them that all families are different, and that's okay!*

Look how different our families look! Some of us have a brother and some of us have sisters and some of you don't have any siblings. All of our families are different. Let's take a look at a family from the Bible and see how they learned to trust God.

TEACHING TIME

MUSIC | Worship Time

- **INSTRUCTIONS:** Spend some time singing with your preschoolers. You can sing any songs you'd like, but for this lesson we like, "Father Abraham" by Cedarhurst Kids and, "Big Family of God" by Spring Harvest.

THE BIG IDEA | We can trust God with our families.

- **INSTRUCTIONS:** Each week, do a big reveal (and make it fun) when you announce the Big Idea, like:
 - Ask the kids to give you a drum-roll by stomping their feet or patting their laps.
 - Shout the Big Idea, then point to the kids and have them shout it back. (Change it up by using funny voices, different volumes, or inflections.)
 - Have a character (either recurring or rotating) come out every week to reveal the Big Idea.
 - Write it on a piece of paper and hide it somewhere in the room. Have the kids go on a "hunt" for it. When it's found, ask someone to come up and read it.
- This week's Big Idea: **We can trust God with our families.**

BIBLE STORY | Genesis 17:15-19; 18:1-15; 21:1-7

- **INSTRUCTIONS:** Look up the story in your Bible and read it to your preschoolers.
- God promised Abraham He would make a lot come from his family, but there was one small problem. Abraham didn't have any children.
- **What did God promise Abraham and Sarah?** He told them they would have a son.
- **Why did this promise make them laugh?** They laughed because Abraham and Sarah were both really old. They were older than your grandparents! We don't usually see a lot of grandparents having babies.
- God told Abraham and Sarah exactly what He was going to do for their family, but they had a hard time trusting God. The plan didn't make sense to them.
- **Did God keep His promise to Abraham and Sarah?** Yes! They did have a baby boy! **Do you remember what they named him?** They name him Isaac.
- **How do you think Abraham and Sarah felt having a baby after they had waited for so long?**
- Isaac was the answer to God's promise to Abraham. All through the whole Bible, God's family always starts with Abraham.
- In our story, God promised to send Isaac and He did. God also promised in the Bible to send a Savior, and He did. A long time after Isaac was born, Jesus was born from the same family as Abraham and Isaac.
- Just like Abraham and Sarah trusted God with their family, we can trust God with our families too!

ACTIVITY | Story Retell Relay

- Let's see how well we remember our story.

- **INSTRUCTIONS:** *Print the two sets of the Story Retell Relay printables (in your Week 1 folder). Cut images out before church. Split the kids into two teams. Create a starting line at one end of the room. Set the Story Retell Relay pictures at the other end of the room. Have the kids line up in two single file lines. One kid will run to the pictures and find the picture that happened first in the Bible story, then run it back to their group and tag the next kid in line. The next one will run to get the next picture from the story and run it back to the starting line. Continue this until one team has collected all the pictures and laid them out in the right order. When you finish the game, go over the order of the pictures and recap the story.*
- Wow, you guys were really paying attention to our story! **Which picture came first?** That's right, the picture of Abraham praying. God told him his wife would have a baby named Isaac. **Which picture was second?** The picture of Abraham and Sarah laughing.
- **Why were they laughing?** They thought it was crazy to think that Sarah could have a baby at her old age. **Which picture was third?** Next was the picture of Sarah when she was about to have the baby. Sarah and Abraham look amazed and happy. They were amazed that God's promise was coming true.
- **What was the last picture?** It's Abraham and Sarah holding baby Isaac with happy looks on their faces. Abraham and Sarah saw how they could trust God with their family, and we can do the same!

PRAYER

- Let's spend time talking with God in prayer.
- Dear God, thank you for always keeping Your promises. Help us trust you with our families. We love you. Amen.

DISCUSSION TIME

DISCUSSION | Snack and Discussion

- **INSTRUCTIONS:** *Pass out a snack to all of your preschoolers and ask them to sit and listen while they eat. Your discussion will be more effective when they're busy sitting and snacking!*
- **Who did God say would have a baby?** (Abraham's wife, Sarah.)
- **What did Sarah do when God said she would have a baby?** (Sarah laughed.)
- **Why do you think she laughed?**
- **What was the baby's name?** (Isaac.)
- **Did God keep His promise to Abraham and Sarah?** (Yes!)

ACTIVITY | Circle Time

- **INSTRUCTIONS:** *Have the kids join you in a circle on the floor. Spend some time talking about your own family. Tell them about your family and what you like to do together. You can bring in a picture of your family. Ask the kids to go around the circle and pretend to be one member of their family and answer the question "What does your family like to do together?" You can ask the kids the following questions about their families . . .*
- **What do you like about being a part of a family?**
- **What are some hard things about being a part of a family?**
- **What do you enjoy doing with your family?**

- How do you feel when you're away from your family?
- What is your favorite thing to do with your family?

ACTIVITY | Welcome Baby Game

- When people welcome a baby, there are a lot of things to get and prepare! **What are some of the things babies need? What do you think Abraham and Sarah had to prepare when they were getting ready to have baby Isaac?** Let's play a game to pretend we're getting everything this baby needs!
- **INSTRUCTIONS:** Get a baby doll and a basket of baby items, such as a pacifier, a blanket, a diaper, a bottle, a pouch of baby food, and an outfit. Put the baby on one side of the room and the basket on the other side. Let the kids take turns racing from the baby to the basket to get the items, one at a time, and put them on the baby as if it's a real baby. You can use two sets of supplies and make it a race with the older kids.

MEMORY VERSE | Romans 8:28

- **INSTRUCTIONS:** Check out the Memory Verse Guide in your Programming Folder for ideas on how to help your preschoolers memorize Bible verses. Here are the hand motions for this month's memory verse . . .

WE KNOW (point to your head)
THAT IN ALL THINGS (spread arms out in a big circle)
GOD WORKS FOR THE GOOD (point to the sky, then give a thumbs up)
OF THOSE (hold your arms out in front of you, palms facing up)
WHO LOVE HIM (cross your arms over your chest in an X).

PLAY TIME

While you're waiting for parents to pick up their kids . . .

ACTIVITY | Coloring Page of the Week

- **INSTRUCTIONS:** Give every kid a Coloring Page, plus markers or crayons. As they color, remind them that Abraham and Sarah trusted God with their family.

ACTIVITY | Pass the Baby

- Isaac was a special gift to Abraham and Sarah's family. Let's play a game with a baby!
- **INSTRUCTIONS:** This game is similar to Hot Potato but instead of a potato, you'll pass a baby doll. Since it's a baby, the kids have to rock it each time they get it before they pass it. Play some music and have the kids pass the doll around the circle until the music stops. Then, whoever is holding the baby when the music stops has to do something a baby might do (cry, crawl, play peek-a-boo).

ACTIVITY | My Play-Doh Family

- **INSTRUCTIONS:** Let the kids create their family using Play-Doh. Use this as a time to get to know more about their families.

Encourage your preschoolers to help clean up the room while they wait for their parents.