



WEEK 1

PRESCHOOL LESSON OUTLINE

THE GREAT ESCAPE

BIG IDEA

God can send people to help you.

THE BIBLE

Baby Moses in a Basket:
Exodus 2:1-10

THIS WEEK AT A GLANCE

WELCOME TIME

- **ACTIVITY** | Scavenger Hunt
- **ACTIVITY** | Decode the Clues

TEACHING TIME

- **MUSIC** | Worship Time
- **THE BIG IDEA** | God can send people to help you.
- **BIBLE STORY** | Exodus 2:1-10
- **ACTIVITY** | Rescue the Baby Race
- **PRAYER**

DISCUSSION TIME

- **DISCUSSION** | Snack and Discussion
- **ACTIVITY** | Circle Time
- **ACTIVITY** | Moses in a Basket
- **MEMORY VERSE** | Psalm 46:10

PLAY TIME

- **ACTIVITY** | Coloring Page of the Week
- **ACTIVITY** | Sink or Float
- **ACTIVITY** | Play Reenactment



WEEK 1

PRESCHOOL LESSON GUIDE

THE GREAT ESCAPE

BIG IDEA

God can send people to help you.

THE BIBLE

Baby Moses in a Basket:
Exodus 2:1-10

WELCOME TIME

ACTIVITY | Scavenger Hunt

- Welcome! Today, we're starting a fun new series called *The Great Escape*. We're going to pretend we're in an escape room, which is when you pretend to be trapped someplace and need to solve puzzles to get out! We're going to read stories in the Bible about some people who were trapped. Let's pretend to be trapped too. To escape, we'll have to solve puzzles each week.
- **INSTRUCTIONS:** *Before church, print the Scavenger Hunt printables (in your Week 1 folder) and cut the pieces apart and hide them around the room. If possible, hide the pieces in places that will be a part of the story: play kitchen, snack table, with some baby dolls, in a basket.*
- **What do you think these shapes mean?** These pieces will help us spell out a message!

ACTIVITY | Decode the Clues

- Let's see if we can work together and discover today's Big Idea!
- **INSTRUCTIONS:** *Before church, hide the clues: a basket, a baby doll, and a water bottle. Let the kids try to find the hidden clues.*
- **What do you think a basket, a baby doll, and some water have to do with what we're learning today?** You found all the clues! You'll have to listen carefully today to see what they mean!

TEACHING TIME

MUSIC | Worship Time

- **INSTRUCTIONS:** Spend some time singing with your preschoolers. You can sing any songs you'd like, but for this lesson we like, "He's Got the Whole World in His Hands" by Group Music and "Where Is Baby Moses" by Miss Jackie.

THE BIG IDEA | God can send people to help you.

- **INSTRUCTIONS:** Each week, do a big reveal (and make it fun) when you announce the Big Idea, like:
 - Ask the kids to give you a drumroll by stomping their feet or patting their laps.
 - Shout the Big Idea, then point to the kids and have them shout it back (Change it up by using funny voices, different volumes, or inflections).
 - Have a character (either recurring or rotating) come out every week to reveal the Big Idea.
 - Write it on a piece of paper and hide it somewhere in the room. Have the kids go on a "hunt" for it. When it's found, read it to the kids.
- This week's Big Idea: **God can send people to help you.**

BIBLE STORY | Exodus 2:1-10

- In our last series, we learned about when the Israelites were slaves in Egypt. They kept growing and growing until there were so many of them. Pharaoh, the ruler of Egypt, was not happy! Let's see what happened.
- **INSTRUCTIONS:** Look up the story in your Bible and read it to your preschoolers.
- **Why did Moses' mom have to hide him?** To protect Moses from Pharaoh because he said all baby boys should be killed.
- **What did baby Moses' mom do to save him?** She put him in a basket and put the basket in the river. **Could you imagine putting a baby in a basket and letting it float down the river?**
- **Do you think Moses' mom was worried about her baby?** She might have been worried, but God sent someone to help Moses and take care of him.
- **Who found baby Moses in the river?** Pharaoh's daughter found him. Pharaoh is the ruler who was the most important person in all of Egypt, like the king.
- **What did Pharaoh's daughter do?** She sent someone – who just so happened to be Moses' older sister – to find an Israelite woman to feed him, and his sister found Moses' own mom to help take care of him! Pharaoh and Pharaoh's daughter didn't know it was Moses' mom, but God sent just the right people to take care of him.
- God puts people in our lives to help us, too. **Who has God put in your life to help you?** God loves you so much, He has given you people to take care of you, teach you, forgive you, and talk to you about His love. We can thank God for putting those people in our lives.

ACTIVITY | Rescue the Baby Race

- To help us remember our story today, let's play a little game. Let's get baby Moses to his basket.
- **INSTRUCTIONS:** Divide the kids into two teams and have them both line up. Place a basket at the end of the line and give a baby doll to the person at the front of each line. When you say, "Go," the

kids will pass the baby. The first person will pass the baby under their legs and the second person will pass the doll over their head. They will continue alternating over and under down the line until they get to the basket. The kid at the end will place the baby in the basket and then pass the basket back the same way.

- Moses' mom trusted God to take care of her baby and God did just that! God sent people to take care of Moses and He can do the same for you and me.

PRAYER

- Let's spend time talking with God in prayer.
- Dear God, thank You for loving us and sending people to help us. Thank you for sending Jesus to help us. We love You. Amen.

DISCUSSION TIME

DISCUSSION | Snack and Discussion

- **INSTRUCTIONS:** Pass out a snack to all of your preschoolers and ask them to sit and listen while they eat. Your discussion will be more effective when they're busy sitting and snacking!
- **Why did Moses's mom put him in the basket in the river?** (To protect him from Pharaoh.)
- **Who found Moses in the river?** (Pharaoh's daughter.)
- **What did Pharaoh's daughter do to help Moses?** (She sent Moses' sister to get an Israelite woman to feed and care for him.)
- **Who took care of Moses besides the Pharaoh's daughter?** (Moses' mom.)
- **Where did Moses grow up?** (In Pharaoh's palace.)

ACTIVITY | Circle Time

- **INSTRUCTIONS:** Have the kids join you in a circle. Use a circle rug or tape on the floor to make a circle on the floor big enough for the kids to sit around. Place a baby doll just inside the circle at one spot. Have the kids walk around the circle until you say, "Stop." Whoever is standing or sitting in front of the baby doll will answer a question.
- **Who is someone God has sent to help you?**
- Who is someone God has sent to teach you?
- Who is someone God has sent to show you His love?
- Who is someone God has sent to protect you?
- Who is someone God has sent to play with you?

ACTIVITY | Moses in a Basket

- **INSTRUCTIONS:** Give each child a small plastic baby figurine (found in the baking section at a craft store, or get some [here](#)), a small strip of fabric or felt, a cupcake liner, a blue dessert plate and thin strips of green paper. Have each child wrap the fabric or felt around the baby, then help them secure it closed with glue. Glue the cupcake liner onto the blue plate. Glue the green paper strips to the side of the cupcake liner to represent reeds. Place the baby in the cupcake liner basket.

- Moses' mom made him a special basket to keep him safe until he was found. God had a big plan for Moses' life and he put people around him to help him. God can send people to help you, too!
- Take your baby Moses in a basket home to remind you of our Bible story today.

MEMORY VERSE | Psalm 46:10

- **INSTRUCTIONS:** Check out the Memory Verse Guide in your Programming Folder for ideas on how to help your preschoolers memorize Bible verses. Here are the hand motions for this month's memory verse . . .

STILL (stand at attention)
AND KNOW (point to head)
THAT I AM GOD (point upward).

PLAY TIME

While you're waiting for parents to pick up their kids...

ACTIVITY | Coloring Page of the Week

- **INSTRUCTIONS:** Give every kid a Coloring Page, plus markers or crayons. As they color, remind them about how Moses' mom, sister, and Pharaoh's daughter helped Moses.

ACTIVITY | Sink or Float

- Moses' mom helped Moses by putting him in a basket in the river. Let's play a little game to see what items from around our room would be safe in the river and which items would sink to the bottom.
- **INSTRUCTIONS:** Prepare a bucket with a few inches of water. Gather items from around your room, make one of them a basket small enough to fit in the bucket of water. Choose some other items that will sink and float.
- **Were you surprised about any of the items that floated? Did you expect more of them to sink? What about the basket? How do you think Moses' mom made sure the basket with her baby in it would float in the river?**
- God put Moses' mom in his life to help him. God puts people in our lives to help us.

ACTIVITY | Play Reenactment

- **INSTRUCTIONS:** Give the kids baby dolls and baskets and let them play and reenact the story. You could also use blue fabric or paper to be a pretend river to let the baskets float.

Encourage your preschoolers to help clean up the room while they wait for their parents.