



WEEK 3

PRESCHOOL LESSON OUTLINE

THANKS!

BIG IDEA

We can thank God for not giving up on us.

THE BIBLE

The Ten Commandments Part 2:
Exodus 20:12-21

THIS WEEK AT A GLANCE

WELCOME TIME

- **ACTIVITY** | Stop and Go
- **ACTIVITY** | Knock It Down

TEACHING TIME

- **MUSIC** | Worship Time
- **THE BIG IDEA** | We can thank God for wisdom.
- **BIBLE STORY** | Exodus 20:12-21
- **ACTIVITY** | Memory Game
- **PRAYER**

DISCUSSION TIME

- **DISCUSSION** | Snack and Discussion
- **ACTIVITY** | Circle Time
- **ACTIVITY** | Sorting by Tens
- **MEMORY VERSE** | Psalm 56:3

PLAY TIME

- **ACTIVITY** | Coloring Page of the Week
- **ACTIVITY** | Ping Pong Toss
- **ACTIVITY** | Cup Stacking



WEEK 3

PRESCHOOL LESSON GUIDE

THANKS!

BIG IDEA

We can thank God for not giving up on us.

THE BIBLE

The Ten Commandments Part 2:
Exodus 20:12-21

WELCOME TIME

ACTIVITY | Stop and Go

- Welcome! It's our third week of our series, *Thanks!* Last week, we learned about the first four of the Ten Commandments. This week, we're going to learn about the rest! Let's start off with a fun game!
- **INSTRUCTIONS:** *Have kids stand on the opposite side of the room and call out, "Go" or "Stop." When you say, "Go," have the kids walk toward you. When you say, "Stop," they should freeze. The first kid to reach you wins.*
- This game was good practice at listening and obeying instructions. **How do you think the Israelites did at listening and obeying when God gave the Ten Commandments?** We'll find out more about the Ten Commandments today!

ACTIVITY | Knock It Down

- Let's play the bowling game from last week to remind us of the Ten Commandments, since we are on Part Two of our Ten Commandments lessons. There are ten bowling pins, and each one reminds us of a commandment.
- **INSTRUCTIONS:** *You can play this with regular size bowling or take it up a notch and do giant bowling using this [bowling set](#). You can make your own bowling pins with empty water bottles. Print the Knock it Down printable and cut the slips apart. Tape each one onto a bowling pin. Set up the bowling pins in a bowling pyramid formation and choose one kid to fix the pins when they get knocked down. Tape a line about ten feet from the bowling pins (farther away for older kids). Let the kids take turns rolling a ball to try and knock down the pins. Have the other kids line the lane and pretend to be "bumpers" and nudge the ball back into the lane if it starts to roll out. Give each kid*

two tries to knock down the pins. When they knock one down, have them read the commandment on that pin.

- Now, let's learn more about the next six commandments!

TEACHING TIME

MUSIC | Worship Time

- **INSTRUCTIONS:** Spend some time singing with your preschoolers. You can sing any songs you'd like, but for this lesson we like, "Thank You Lord" by Spring Harvest and "When I Am Afraid (Psalm 56:3)" by Lantern Music.

THE BIG IDEA | We can thank God for wisdom.

- **INSTRUCTIONS:** Each week, do a big reveal (and make it fun) when you announce the Big Idea, like:
 - Ask the kids to give you a drumroll by stomping their feet or patting their laps.
 - Shout the Big Idea, then point to the kids and have them shout it back (Change it up by using funny voices, different volumes, or inflections).
 - Have a character (either recurring or rotating) come out every week to reveal the Big Idea.
 - Write it on a piece of paper and hide it somewhere in the room. Have the kids go on a "hunt" for it. When it's found, read it to the kids.
- This week's Big Idea: **We can thank God for wisdom.**

BIBLE STORY | Exodus 20:12-21

- Last week, we looked at the first four commandments. **Do you remember what they are?** They are: Put God first, worship only God, respect God's name, and rest and worship God on the Sabbath. Today, we're going to learn about the last six commandments.
- **INSTRUCTIONS:** Look up the story in your Bible and read it to your preschoolers.
- The first four commandments were focused on God. The last six are focused on others and how to love and treat them. These commandments help us know how to make wise choices.
- **What are the six commandments we just read about?**
 - Respect your parents.
 - Don't hurt anyone.
 - Be faithful to your husband or wife.
 - Do not steal.
 - Tell the truth.
 - Don't wish for other people's stuff.
 - God said it's important to listen to and obey your parents or whoever is taking care of you. God also said we shouldn't hurt other people because God made all people.
 - God said not to steal things from other people, lie to them, or wish for their stuff. God is wise and gave these commandments to help us treat other people right.
 - God knew these commandments would show us how to love and respect God and others. We can thank God for wisdom.

ACTIVITY | Memory Game

- Let's play a fun memory game to see how many of the Ten Commandments you know! If you find two commandment cards that match, you get to keep your cards and have another turn.
- **INSTRUCTIONS:** *Print the Memory Game printables (in your Week 3 folder) onto cardstock and cut out the cards. Lay the memory game cards face down in a random pattern. Let kids take turns flipping two cards over at a time. If they get a match, they can go again.*
- We can thank God for wisdom that helps us to love and respect others!

PRAYER

- Let's spend time talking with God in prayer.
- Dear God, we thank You for being so wise and giving the Ten Commandments to help us. Help us remember how you want us to love and treat others. Amen.

DISCUSSION TIME

DISCUSSION | Snack and Discussion

- **INSTRUCTIONS:** *Pass out a snack to all of your preschoolers and ask them to sit and listen while they eat. Your discussion will be more effective when they're busy sitting and snacking!*
- **Where was Moses when God gave him the Ten Commandments?** *(On Mount Sinai.)*
- **What did the first four commandments help us learn?** *(Who God is and how to worship and love God).*
- **What did the last six commandments help us learn?** *(How to treat others.)*
- **Why did God give these rules?** *(To show us how to love and respect God and others.)*
- **How many of the commandments can you remember?**
 - #1 Put God first.
 - #2 Worship only God.
 - #3 Respect God's name.
 - #4 Rest and worship God on the Sabbath.
- Respect your parents.
- Don't hurt anyone.
- Be faithful to your husband or wife.
- Do not steal.
- Tell the truth.
- Don't wish for other people's stuff.

ACTIVITY | Circle Time

- **INSTRUCTIONS:** *Have the kids join you in a circle. Tell them to go around the circle counting one at a time to ten. The kid who says "Ten" will answer a question. Start the counting at different places each time. For younger kids, help them count. For older kids, you can have them stand up or clap their hands for their number.*
- **Which commandment seems pretty easy to follow?**
- **Which commandment seems hard to follow?**

- Which commandment do you need God to help you obey?
- Is it easy or hard for you to obey your parents or teachers? Why?
- Have you ever gotten in trouble for breaking a rule?
- What is one rule you follow at home?

ACTIVITY | Sorting by Tens

- **INSTRUCTIONS:** Get ten small bowls or cups and fill them with things like beads, blocks, straws, or any other small objects you can find. Have the kids count ten of each object and sort them into piles. As they are counting the objects, have them practice naming the ten commandments.

MEMORY VERSE | Psalm 56:3

- **INSTRUCTIONS:** Check out the Memory Verse Guide in your Programming Folder for ideas on how to help your preschoolers memorize Bible verses. Here are the hand motions for this month's memory verse . . .

WHEN I AM AFRAID (cover mouth with hands, eyes wide open)

I WILL PUT MY TRUST (bring both arms, palms up, from above your head to your sides)

IN YOU (point up).

PLAY TIME

While you're waiting for parents to pick up their kids...

ACTIVITY | Coloring Page of the Week

- **INSTRUCTIONS:** Give every kid a coloring page, plus markers or crayons. As they color, remind them we can thank God for wisdom.

ACTIVITY | Ping Pong Toss

- Let's see how well we remember the Ten Commandments with this fun ping pong toss game!
- **INSTRUCTIONS:** Take ten small plastic cups or buckets and number them one through ten inside on the bottom of each cup or bucket. Place the cups in a pyramid shape on the ground with four cups in one row, three in the next row, two in the next row, and one on the end. Let the kids take turns tossing a ball to try and get it in the cup. If they do get the ball in a cup or bucket, have them say that commandment (or you say it for them).

ACTIVITY | Cup Stacking

- **INSTRUCTIONS:** Give the kids a stack of ten cups and nine small paper plates. Have them stack their plates in a pyramid with a plate between each of the cups and try to get it to stand for ten seconds without falling down.

Encourage your preschoolers to help clean up the room while they wait for their parents.