

WEEK 2

SMALL GROUP GUIDE

STRONGER

Life hurts sometimes. If you haven't already experienced it, there will be a day when you'll encounter pain, failure, or loss. Sometimes the hurt we feel happens because of something we do, or something that is done to us, or something that is no one's fault at all. In this 4-week series, we'll talk about how, when life hurts, or goes wrong, or doesn't make sense, these things are true: **Jesus can redeem what's gone wrong, God can be trusted, God gives us each other, and God helps us persevere.**

THIS WEEK

THE BIG IDEA

When life doesn't make sense,
God can be trusted.

THE BIBLE

Genesis 37 & 39; I Peter 5:7-11;
Psalm 46:1-3

- **What's something you find confusing? What's so hard to understand about it?**
- **Do you think we can always make sense of the difficult or painful things we experience? Why or why not?**
- **Have you ever struggled to make sense of a painful situation in your life? What happened?**
- **What aspects of Joseph's story could you most relate to and why?**
- **If you were in Joseph's position, in what ways do you think you would have responded differently?**
- **On a scale of 1-5, how much do you trust God? Why did you choose that number?**
- **When life gets hard, why do you think it's so hard to trust God?**
- **Read Psalm 46:1-3 together. What are some steps you think we can take to develop this kind of trust in God?**
- **What's one difficulty you're experiencing right now, and how do you think God could use it to make you stronger?**
- **How can our group help each other when life hurts or doesn't make sense?**